



2023
STATE
**ROAD CRASH
RESCUE**
CHALLENGE

STRONGER TOGETHER



Fire and Rescue NSW

I would like to welcome you all to Coffs Harbour for the 2023 NSW State Road Crash Rescue Challenge. This is our third NSW multi-agency road rescue challenge with the goal to ensure that the NSW state road crash rescue capability is fit for purpose and meeting contemporary challenges in motor vehicle rescue capability.

I wish to thank all our Sponsors, including FRSA/Holmatro and PT Rescue/Lukas for providing support in the pits again this year. All our sponsors are vital partners with emergency services, and they are integral industry representatives. With their support we can bring the best NSW State rescuers, paramedics, trainers, instructors, and assessors together for this event.

This year the FRNSW/NSWSES/FCA event management team have put together the 2023 State Road Crash Rescue Challenge to test the skills, knowledge, and expertise of the competing teams. This also includes a variety of learning opportunities commencing with the Learning Symposium.

We have included the Trauma Challenge, Industrial & Domestic Rescue Challenge and CPR event in this year's challenge to enhance the expertise of our first aiders. This is such an important part of road crash rescue capability, to get the best possible outcome for the victims of the many road crashes every year on NSW roads. I encourage everyone to get behind this event and support the competing teams.

I appreciate the challenges and preparation that face teams and individuals attending this year's State Road Crash Rescue Challenge and would like to thank all the competitors. I wish all participants the best with their challenge events, and I am looking forward to seeing the teams compete in an open learning environment. I know that everyone will come away from this challenge with new ideas and ways to undertake rescue and having made new friends.

I would also like to thank all the volunteers who have given up their time to ensure we have a successful 2023 Road Crash Rescue Challenge; your support is truly appreciated.

Regards,



**Fire and Rescue NSW
Assistant Commissioner Cheryl Steer
Director of Firefighter Championship**

NSW State Emergency Service

The NSW State Emergency Service would like to welcome you to the State Road Crash Rescue Challenge in Coffs Harbour. This event brings together the two largest providers of Road Crash Rescue services across NSW to learn and share ideas in a multi-agency environment.

I would like to thank all the NSW SES members that have assisted with the development and conduct of this event. In addition, I would like to thank our emergency service partners for support of this event including the NSW Police Force, NSW Ambulance, VRA Rescue NSW and NSW Rural Fire Service. Their support is invaluable to ensure that this event is a success, and it further builds the relationship between agencies.

This event has been put together by a multi-agency planning team involving the NSW SES, FRNSW and Firefighter Championships Association. This event will test the skills and knowledge of the participants in Road Crash Rescue, First Aid, Casualty Management and Team Leadership.

The Learning Symposium will provide a range of learning opportunities for participants through practical and theoretical sessions.

To enhance and develop the participant's skills in trauma management and CPR at a first aid level, a Trauma Challenge, Industrial & Domestic Rescue Challenge and CPR Challenge events have been included. The participant's performance will be evaluated by NSW Ambulance paramedics, with these officers providing feedback and guidance to participants on the management of these scenarios.

I wish on behalf of the NSW SES, all participants good luck for their participation in this year's challenge and I am looking forward to seeing the teams complete all the scenarios.

Regards,



**NSW State Emergency Service
Deputy Commissioner Daniel Austin**

Firefighter Championships Association

The Firefighter Championships Association (FCA) would like to welcome participants, their families, sponsors, and supporters to this NSW State Road Crash Rescue Challenge.

This Challenge is the culmination of many months of planning and cooperation by multi agencies to present a forum where road crash rescue skills can be honed and tested under realistic conditions in a friendly but competitive environment.

Welcome to all representatives from our valued sponsors and supporters in attendance here at Coffs Harbour. I hope you enjoy the 2023 State Road Rescue Challenge as our guests. We are grateful for your contribution in support of the Road Rescue Challenge and helping to grow the interest of teams attending these events into the future.

The Road Rescue Challenge is a great way for emergency services personnel to develop skills and teamwork. It also a great way to meet fellow firefighters and emergency service personnel from other agencies and share knowledge and skills. This is consistent with the aims and objectives of Firefighter Championships and the FCA is proud to be a partner in this important initiative.

These events cannot be conducted without the support and volunteering of many people from across a number of agencies. We thank them for their valuable contribution.

Come along, have a go, meet fellow emergency responders, and have a great time! Information on this event and FCA Championships is on our website: www.firefighterchampionships.com.

Regards,

Jamie Loader
President FCA



The NSW State Road Crash Rescue Challenge aims to create an environment in which representatives from all agencies involved in responding to road rescues in NSW can come together to learn, exchange ideas and participate in skills challenges in the spirit of camaraderie; delivering a stronger, more effective, and more skilled road crash rescue response for the communities of NSW.



NSW STATE
ROAD CRASH RESCUE
CHALLENGE

STRONGER TOGETHER



Venue



**C.ex Coffs Harbour International Stadium,
Stadium Drive,
Coffs Harbour**



General Information

Lanyards and Name Tags

Name Tags must be worn at all times during the Challenge.

Catering

Coffs Harbour Lions Club will be serving Breakfast from 6:30am to 10:00am and Lunch from 11:30am to 2:30pm from Friday to Sunday. Meal vouchers will be required, these will be issued at check in each day.

Snacks, water and tea and coffee will be available at all times.

A coffee cart will be serving hot beverages and snacks from 630am each day on a user pays basis.

Event Schedule

Please ensure your team is at the event pit 5 minutes prior to your event.

If you cannot make the scheduled event time, please inform the operations room as soon as possible .



**COFFS HARBOUR
CITY COUNCIL**

NSW Road Crash Rescue Challenge 2023 Program

Friday 5 May 2023

| | |
|--------------|----------------------------------|
| Event | Official Opening |
| Time | 0830-0910 |
| Venue | C.ex Coffs International Stadium |
| Dress | Agency Uniform |

| | |
|--------------|--|
| Event | Learning Symposium |
| Time | 0920-1600 |
| Venue | C.ex Coffs International Stadium |
| Dress | Agency Uniform + PPE for practical scenarios |

Saturday 6 May 2023

| | |
|--------------|----------------------------------|
| Event | NSW RCRC - Day 1 |
| Time | 0730-1730 |
| Venue | C.ex Coffs International Stadium |
| Dress | Agency Uniform & PPE |

Sunday 7 May 2023

| | |
|--------------|----------------------------------|
| Event | NSW RCRC - Day 2 |
| Time | 0730-1700 |
| Venue | C.ex Coffs International Stadium |
| Dress | Agency Uniform & PPE |

Tuesday 9 May 2023

| | |
|--------------|---|
| Event | NSW RCRC - Virtual Presentation Announcement |
| Time | 18:00 |
| Venue | Online |
| Dress | N/A |



Competing Teams

| Team | Agency |
|---|---------------------------------|
| Werribee CFA | Country Fire Authority Victoria |
| Wyong FRNSW | Fire and Rescue NSW |
| Region North FRNSW | Fire and Rescue NSW |
| Region South 2 FRNSW | Fire and Rescue NSW |
| Team Dubbo FRNSW | Fire and Rescue NSW |
| Batemans Bay SES | NSW State Emergency Service |
| Coffs Harbour SES | NSW State Emergency Service |
| Coonamble SES | NSW State Emergency Service |
| Gilgandra SES | NSW State Emergency Service |
| Hawkesbury SES | NSW State Emergency Service |
| Kiama SES | NSW State Emergency Service |
| Port Macquarie SES | NSW State Emergency Service |
| Port Stephens SES (Hunter Valley Rescue Team) | NSW State Emergency Service |
| VRA Rescue Central Coast | VRA Rescue NSW |
| VRA Rescue NSW State | VRA Rescue NSW |



Learning Symposium

All participants will be placed in a group. (Team members will be placed in the same group)

Symposium Day Schedule:

| Time | Duration | | | | |
|-------|----------|---|----------|----------|----------|
| 8:30 | 30 Mins | Official Opening Ceremony | | | |
| 9:10 | 10 Mins | Welcome, Intro, How the day works | | | |
| | | Group 1 | Group 2 | Group 3 | Group 4 |
| 9:20 | 40 mins | A | B | C | D |
| 10:00 | 30 mins | Morning Tea | | | |
| 10:30 | 40 mins | D | A | B | C |
| 11:20 | 40 mins | C | D | A | B |
| 12:10 | 50 mins | Lunch | | | |
| 13:00 | 40 mins | B | C | D | A |
| 13:50 | 90 Mins | Afternoon Tea & Combi Tool Challenge | | | |

* Symposium sessions are 40 minutes with a 10 minute allowance for change over

Symposium Topics:

| Workshop | Topic | Facilitator |
|----------|--|----------------------|
| A | Heavy Vehicle Stabilisation and Relocation (including heavy vehicle isolation) | James Boland |
| B | Trauma | Matt Pepper, Tac Med |
| C | Vehicle Relocation Advanced – controlled rollover | Tim Fox |
| D | Truck Accident Case Study | Michael Vanderzalm |

Symposium Workshops are a mix of practical and theoretical sessions.

Workshops will be held in various spaces on the site; your group will be advised of each location.





LUKAS



**POWER
UNDER 
CONTROL**

Road Crash Rescue Challenge Schedule

| Controlled Rescue | Equipment Inspection (10 min) | Scenario Staging (20 min) | Compete Time (30 min) | Debrief (10 min) |
|--------------------------|-------------------------------|---------------------------|-----------------------|------------------|
| Saturday 6 May | | | | |
| Gilgandra SES | 7:30 | 7:40 | 8:00 | 8:35 |
| Region North FRNSW | 8:40 | 8:50 | 9:10 | 9:45 |
| Hawkesbury SES | 9:50 | 10:00 | 10:20 | 10:55 |
| Team Dubbo FRNSW | 11:00 | 11:10 | 11:30 | 12:05 |
| Port Stephens SES | 12:35 | 12:45 | 13:05 | 13:40 |
| Port Macquarie SES | 13:45 | 13:55 | 14:15 | 14:50 |
| Coffs Harbour SES | 14:55 | 15:05 | 15:25 | 16:00 |
| Sunday 7 May | | | | |
| Werribee CFA | 7:30 | 7:40 | 8:00 | 8:35 |
| Wyong FRNSW | 8:40 | 8:50 | 9:10 | 9:45 |
| Batemans Bay SES | 9:50 | 10:00 | 10:20 | 10:55 |
| Region South 2 FRNSW | 11:00 | 11:10 | 11:30 | 12:05 |
| Kiama SES | 12:35 | 12:45 | 13:05 | 13:40 |
| VRA Rescue Central Coast | 13:45 | 13:55 | 14:15 | 14:50 |
| Coonamble SES | 14:55 | 15:05 | 15:25 | 16:00 |
| VRA Rescue NSW State | 16:05 | 16:15 | 16:35 | 17:10 |

Chubb

POWERED BY **API GROUP**

| Entrapped Rescue | Equipment Inspection (10 min) | Scenario Staging (20 min) | Compete Time (30 min) | Debrief (10 min) |
|--------------------------|--------------------------------------|----------------------------------|------------------------------|-------------------------|
| Saturday 6 May | | | | |
| Werribee CFA | 7:40 | 7:50 | 8:10 | 8:45 |
| Wyong FRNSW | 8:50 | 9:00 | 9:20 | 9:55 |
| Batemans Bay SES | 10:00 | 10:10 | 10:30 | 11:05 |
| Region South 2 FRNSW | 11:10 | 11:20 | 11:40 | 12:15 |
| Kiama SES | 12:45 | 12:55 | 13:15 | 13:50 |
| VRA Rescue Central Coast | 13:55 | 14:05 | 14:25 | 15:00 |
| Coonamble SES | 15:05 | 15:15 | 15:35 | 16:10 |
| VRA Rescue NSW State | 16:15 | 16:25 | 16:45 | 17:20 |
| Sunday 7 May | | | | |
| Gilgandra SES | 7:40 | 7:50 | 8:10 | 8:45 |
| Region North FRNSW | 8:50 | 9:00 | 9:20 | 9:55 |
| Hawkesbury SES | 10:00 | 10:10 | 10:30 | 11:05 |
| Team Dubbo FRNSW | 11:10 | 11:20 | 11:40 | 12:15 |
| Port Stephens SES | 12:45 | 12:55 | 13:15 | 13:50 |
| Port Macquarie SES | 13:55 | 14:05 | 14:25 | 15:00 |
| Coffs Harbour SES | 15:05 | 15:15 | 15:35 | 16:10 |



THE FORCE BEHIND THE FIGHT

THE GLOBAL LEADER IN FIRE SUPPRESSION SINCE 1886

| Trauma Challenge | Equipment Inspection (5 min) | Scenario Staging (10 min) | Compete Time (15 min) | Debrief (5 min) |
|--------------------------|---|--------------------------------------|----------------------------------|----------------------------|
| Saturday 6 May | | | | |
| Hawkesbury SES | 7:45 | 7:50 | 8:00 | 8:15 |
| Team Dubbo FRNSW | 8:55 | 9:00 | 9:10 | 9:25 |
| Werribee CFA | 10:05 | 10:10 | 10:20 | 10:35 |
| Wyong FRNSW | 11:15 | 11:20 | 11:30 | 11:45 |
| VRA Rescue NSW State | 12:25 | 12:30 | 12:40 | 12:55 |
| Coffs Harbour SES | 13:35 | 13:40 | 13:50 | 14:05 |
| Port Stephens SES | 14:45 | 14:50 | 15:00 | 15:15 |
| VRA Rescue Central Coast | 15:55 | 16:00 | 16:10 | 16:25 |
| Sunday 7 May | | | | |
| Batemans Bay SES | 7:45 | 7:50 | 8:00 | 8:15 |
| Region South 2 FRNSW | 8:55 | 9:00 | 9:10 | 9:25 |
| Gilgandra SES | 10:05 | 10:10 | 10:20 | 10:35 |
| Region North FRNSW | 11:15 | 11:20 | 11:30 | 11:45 |
| Coonamble SES | 13:35 | 13:40 | 13:50 | 14:05 |
| Kiama SES | 14:45 | 14:50 | 15:00 | 15:15 |
| Port Macquarie SES | 15:55 | 16:00 | 16:10 | 16:25 |



The Safety Company

| Industrial & Domestic Rescue Challenge | Equipment Inspection (5 min) | Scenario Staging (10 min) | Compete Time (15 min) | Debrief (5 min) |
|---|---|--|--------------------------------------|----------------------------|
| Saturday 6 May | | | | |
| Batemans Bay SES | 8:20 | 8:25 | 8:35 | 8:55 |
| Gilgandra SES | 9:30 | 9:35 | 9:45 | 10:05 |
| Region North FRNSW | 10:40 | 10:45 | 10:55 | 11:15 |
| Port Macquarie SES | 11:50 | 11:55 | 12:05 | 12:25 |
| Region South 2 FRNSW | 14:10 | 14:15 | 14:25 | 14:45 |
| Kiama SES | 15:20 | 15:25 | 15:35 | 15:55 |
| Coonamble SES | 16:30 | 16:35 | 16:45 | 17:05 |
| Sunday 7 May | | | | |
| Hawkesbury SES | 8:20 | 8:25 | 8:35 | 8:55 |
| Werribee CFA | 9:30 | 9:35 | 9:45 | 10:05 |
| Wyong FRNSW | 10:40 | 10:45 | 10:55 | 11:15 |
| VRA Rescue Central Coast | 11:50 | 11:55 | 12:05 | 12:25 |
| VRA Rescue NSW State | 13:00 | 13:05 | 13:15 | 13:35 |
| Team Dubbo FRNSW | 14:10 | 14:15 | 14:25 | 14:45 |
| Port Stephens SES | 15:20 | 15:25 | 15:35 | 15:55 |
| Coffs Harbour SES | 16:30 | 16:35 | 16:45 | 17:05 |

IVECO

| Rescue Skills | Start | Finish |
|--------------------------|--------------|---------------|
| Saturday 6 May | | |
| Region North FRNSW | 8:00 | 8:15 |
| Hawkesbury SES | 8:40 | 8:55 |
| Werribee CFA | 9:05 | 9:20 |
| Coffs Harbour SES | 9:35 | 9:50 |
| Team Dubbo FRNSW | 10:00 | 10:15 |
| Gilgandra SES | 10:20 | 10:35 |
| Port Macquarie SES | 10:45 | 11:00 |
| Port Stephens SES | 11:10 | 11:25 |
| Batemans Bay SES | 11:35 | 11:50 |
| VRA Rescue Central Coast | 12:10 | 12:25 |
| Region South 2 FRNSW | 12:35 | 12:50 |
| Wyong FRNSW | 13:00 | 13:15 |
| VRA Rescue NSW State | 13:25 | 13:40 |
| Coonamble SES | 14:15 | 14:30 |
| Kiama SES | 14:40 | 14:55 |



| CPR Challenge | Start | Finish |
|--------------------------|--------------|---------------|
| Sunday 7 May | | |
| Wyong FRNSW | 8:00 | 8:15 |
| Batemans Bay SES | 8:40 | 8:55 |
| Gilgandra SES | 9:05 | 9:20 |
| Coonamble SES | 9:35 | 9:50 |
| Region South 2 FRNSW | 10:00 | 10:15 |
| Werribee CFA | 10:20 | 10:35 |
| VRA Rescue Central Coast | 10:45 | 11:00 |
| Kiama SES | 11:10 | 11:25 |
| Hawkesbury SES | 11:35 | 11:50 |
| Port Macquarie SES | 12:10 | 12:25 |
| Team Dubbo FRNSW | 12:35 | 12:50 |
| Region North FRNSW | 13:00 | 13:15 |
| VRA Rescue NSW State | 13:50 | 14:05 |
| Coffs Harbour SES | 14:15 | 14:30 |
| Port Stephens SES | 14:40 | 14:55 |



| Workshop | Start | Finish |
|--------------------------|--------------|---------------|
| Saturday 6 May | | |
| Port Macquarie SES | 9:00 | 9:40 |
| VRA Rescue Central Coast | 9:00 | 9:40 |
| Port Stephens SES | 10:00 | 10:40 |
| Kiama SES | 10:00 | 10:40 |
| Gilgandra SES | 11:00 | 11:40 |
| Werribee CFA | 11:00 | 11:40 |
| Region North FRNSW | 12:00 | 12:40 |
| Coffs Harbour SES | 12:00 | 12:40 |
| Wyong FRNSW | 12:00 | 12:40 |
| Hawkesbury SES | 13:00 | 13:40 |
| Batemans Bay SES | 13:00 | 13:40 |
| Coonamble SES | 13:00 | 13:40 |
| Team Dubbo FRNSW | 14:00 | 14:40 |
| VRA Rescue NSW State | 14:00 | 14:40 |
| Region South 2 FRNSW | 15:00 | 15:40 |
| Sunday 7 May | | |
| Port Macquarie SES | 9:00 | 9:40 |
| VRA Rescue Central Coast | 9:00 | 9:40 |
| Port Stephens SES | 10:00 | 10:40 |
| Kiama SES | 10:00 | 10:40 |
| Gilgandra SES | 11:00 | 11:40 |
| Werribee CFA | 11:00 | 11:40 |
| Wyong FRNSW | 12:00 | 12:40 |
| Coonamble SES | 12:00 | 12:40 |
| Region North FRNSW | 12:00 | 12:40 |
| Coffs Harbour SES | 13:00 | 13:40 |
| Hawkesbury SES | 13:00 | 13:40 |
| Batemans Bay SES | 13:00 | 13:40 |
| Region South 2 FRNSW | 14:00 | 14:40 |
| Team Dubbo FRNSW | 15:00 | 15:40 |
| VRA Rescue NSW State | 15:00 | 15:40 |

The NSW State Road Crash Rescue Challenge
Organising Team acknowledges the support of our local
suppliers



COFFS HARBOUR
CITY COUNCIL



FAMILY STORES
DOING THE MOST GOOD®



Fire Rescue Safety Australia (FRSA) runs parallel to those who strategically manage the emergency management process. We are professional equipment suppliers who provide expertise throughout the Asia Pacific region.

FRSA is a partner you can trust to provide the right advice and support throughout the entire emergency management cycle. Our team of professionals have strong backgrounds and expertise in varying disciplines of emergency response, providing exceptional levels of support around the clock when you need it most.

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- Law Enforcement / Military



Make sure you stop by and have a chat and see what our supporters have to offer at their displays



The NSW State Road Crash Rescue Challenge
Organising Team acknowledges the support of our main
vehicle supplier



The NSW State Road Crash Rescue Challenge
Organising Team acknowledges the support of our
cordless hand tool supplier



The NSW State Road Crash Rescue Challenge
Organising Team acknowledges the support of our
equipment suppliers



FRSA
Fire Rescue Safety Australia

COVID Safe

The NSW Road Crash Rescue Challenge is a COVID Safe Event.

Please ensure you:

- Complete the COVID Safe Check in when entering the event site
- Stay 1.5m apart where practically possible
- Use hand sanitiser
- Clean your hands regularly
- Stay home if you feel unwell



Stay in Touch

Find all the Latest
State Road Crash Rescue Challenge News @

NSWRCRC.com

and



[Facebook.com/NSWRCRC](https://www.facebook.com/NSWRCRC)

Firefighter Championship Association Supporters



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