



**FIRE +
RESCUE**

FIREFIGHTER CHAMPIONSHIP

Metro North 1

18 – 19 March 2023



**FIRE +
RESCUE**

485

WANGI WANGI

**Hosted by
Wangi Wangi Brigade**





Fire Rescue Safety Australia (FRSA) runs parallel to those who strategically manage the emergency management process. We are professional equipment suppliers who provide expertise throughout the Asia Pacific region.

FRSA is a partner you can trust to provide the right advice and support throughout the entire emergency management cycle. Our team of professionals have strong backgrounds and expertise in varying disciplines of emergency response, providing exceptional levels of support around the clock when you need it most.

Quality is the foundation of all products in the FRSA range. Our suite of products can assist emergency services in the following disciplines.

- Fire Fighting
- Vehicle Extrication
- Breathing Apparatus
- HazMat
- Confined Space
- Water Rescue
- First Aid / Medical
- Rope Rescue
- Search and Rescue
- Emergency Response Vehicles
- Law Enforcement / Military



Welcome to Wangi Wangi!

The Firefighter Championships Association (FCA) would like to welcome dignitaries, participants, their families, sponsors, and supporters to the Wangi Wangi Regional Firefighter Championship.

Representatives from our valued sponsors will be in attendance over the weekend and I am sure would be happy to chat and say g'day.

On behalf of the FCA and competitors I would like to thank Wangi Wangi Captain Glenn Swift and the host Committee and all who have contributed to ensure a successful Championship here at Swansea.

“Competition between Fire Brigades in Australia began in the latter half of the 19th century. In colonial Sydney, there was fervent competition between insurance Fire Brigades and Volunteer Fire Brigades which resultantly saw emergence of “Demonstrations” being conducted to showcase firefighting skills of both organisations. These “Demos” can be considered the beginnings of organised training in the brigades, long before Training Officers and Training Centres evolved.” (Excerpt from Museum of fire. 125 Years of Competition by FCA Historian John Hand)

On behalf of the FCA I would like to congratulate and welcome Asst. Commissioner Cheryl Steer to the role of Director of Championships.

As ever, all serving members of firefighting agencies are welcome to participate in this and all future Championships held in NSW. If you are not part of or don't have a team at your station, come along and we will make up teams for your inclusion. We will assign mentors and buddy teams to help coach new teams with event running.

Upcoming events to put in your diary:

- 5 to 7 May 2023 - State Road Crash Rescue Challenge, Coffs Harbour
- 5 to 6 August 2023 - Region Firefighter Championship, Cootamundra

To find out more on upcoming events, previous results, photos and other information visit our web page: <https://www.firefighterchampionships.com/>

Greg Fredericks AFSM
President FCA



“The Tyrepower Group was formed in 1977 by ten independent tyre retailers with the aim of offering consumers the flexibility, savings, and value of an independent dealer network.

Tyrepower has grown to be the largest independent tyre retailer in Australia and New Zealand.

Tyrepower has a strong place in communities all over Australia and New Zealand, so this is a very good match for both parties. Often in partnerships, it is about shared values, and it is for Tyrepower a fantastic opportunity to work with Fire and Rescue New South Wales.

We wish the competitors all the best and are looking forward to a weekend of fun, camaraderie, learning and competition.

Our core values and aspirations align closely to those of Fire and Rescue New South Wales as we get everybody who visits our stores safe back onto the road– our dealer network are passionate about our local communities, we also know that community safety is at the forefront of Fire and Rescue New South Wales and their community”

**Henk van Diggele
General Manager**





THE CHAMPIONSHIP ENVIRONMENT

The Championships will continue to recognise our history and complement Fire and Rescue NSW's strategic plan, to protect the irreplaceable. In today's environment this requires us to be prepared for anything. Being prepared for anything means continually developing teamwork, comradery, and skills relevant to our eight core capabilities.

The Championships enhance and develop these essential skills with the goal to maintain and develop an efficient and highly effective emergency service, serving communities across NSW. Championships provide an opportunity to improve community safety by engaging with a wide audience including our emergency services partners, along with the business sector.

I encourage all to engage and embrace the spirit of the Championships and participate with respect and inclusion.

Assistant Commissioner Cheryl Steer
Director of Firefighter Championship

Championship Values

- Respect - We always treat each other, our partners, stakeholders and recipients of our services with respect and fairness while recognising and accepting the differences, wishes, rights, feelings and value of others.
- Integrity - We always act professionally and can be trusted implicitly because honesty, transparency and strong ethical principles underpin who we are and everything we do.
- Service - We are reliable, always performing our roles safely, effectively and efficiently, while taking responsibility for our actions and decisions.
- Courage - We always put the needs of the community and FRNSW first, and have the courage not only to deal with serious emergency situations, but to stand up for others and to challenge wrongdoing.
- Develop, maintain, and enhance the operational skills of firefighters
- Promote a professional image of FRNSW to NSW communities
- Promote community safety and awareness
- Encourage teamwork, camaraderie, and individual performance
- Demonstrate various skills, knowledge, and expertise of FRNSW

Championship Objectives

- Provide improved opportunities for firefighters to display a high level of skills
- Deliver improved community safety programs
- Provide an opportunity to market the services of the FRNSW to key stakeholders

COVID Safe

Complete the COVID Safe Check in when entering the event site

- Stay 1.5m apart where practically possible
- Use hand sanitiser
- Clean your hands regularly
- Stay home if you feel unwell





**YOU CAN DO EVERYTHING YOU CAN
TO SAVE A LIFE.
LETS START WITH YOURS...**

visit au.msasafety.com/markets/fire-service for more information





The crew from 485 Wangi Wangi and I would like to extend a warm welcome to all Dignitaries, Firefighters, Competitors, and their families to the first Regional Firefighter Championship of 2023 being held at Quinn Park, Swansea.

I would like to thank the entire crew from Wangi Wangi Fire Brigade who have all contributed in some way to the success of this event. We have been working tirelessly on making this an enjoyable event for all.

We encourage everyone to make the most of their trip to the Hunter Region and take the time to experience all that it has to offer.

Enjoy the competition, comradery and most importantly of all, stay safe.

Thanks,
Glenn Swift
Captain Wangi Wangi Brigade



**WE ARE
FIRE +
RESCUE
NSW.**

**We are here to protect
the irreplaceable.**

**We educate the community
to help prevent incidents from
happening and prepare them
for action when they do.**

We train to get it right.

**We're ready.
Ready for any emergency.
Anytime. Every time.**

We respond fast.

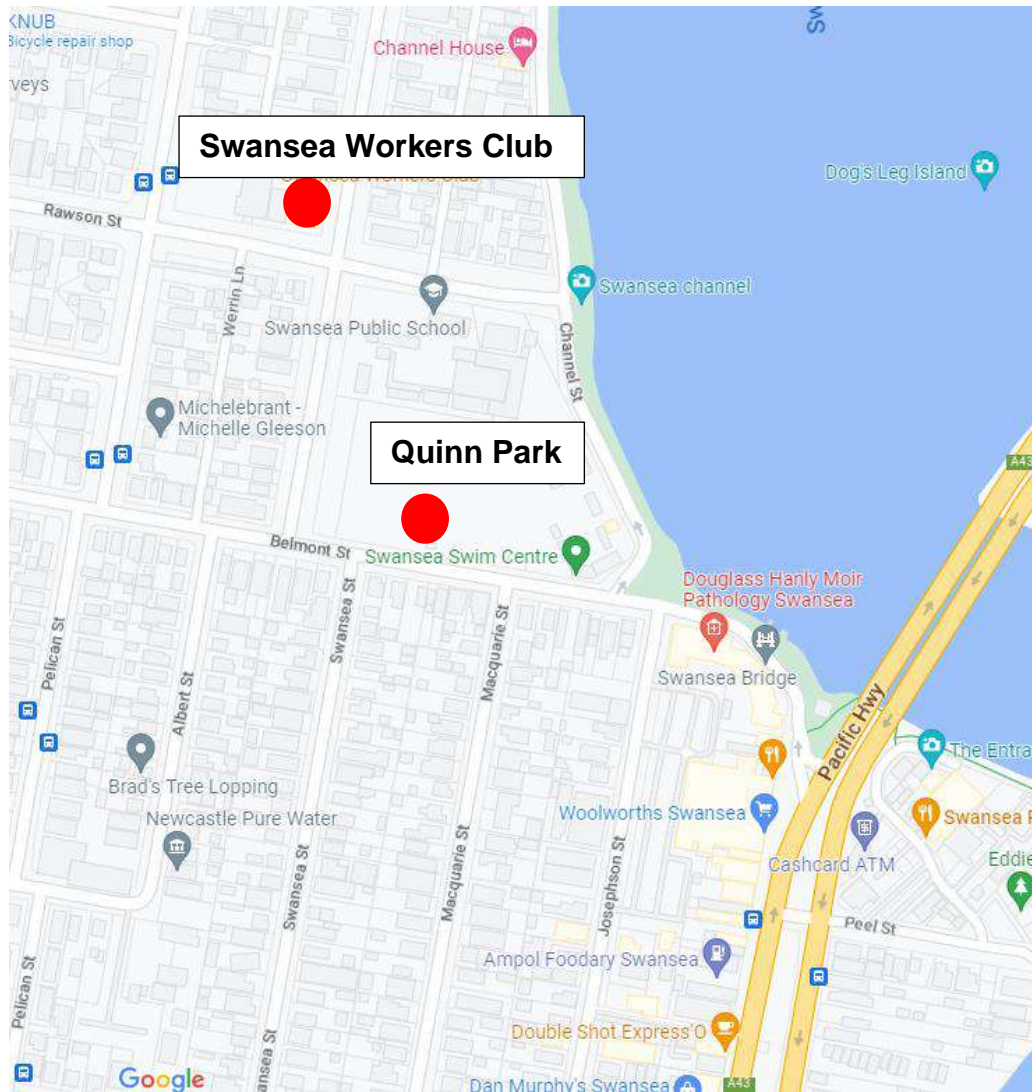
**We serve with courage, with care
and without judgement.**

We help anyone, anywhere, anytime.

**We are
Fire and Rescue NSW
and we are
PREPARED
FOR ANYTHING.**

Official Schedule

Friday 17 March 2023	1800	Welcome Registrations: Swansea Workers Club 9 Rawson St, Swansea
Saturday 18 March 2023	0700	Breakfast available at Competition Grounds Quinn Park, Cnr Belmont St and Galgabba st, Swansea
	0715	Meeting of Officials
	0745	Warm up and exercise for competitors Safety brief to competitors
	0800	Events commence
	0845	Dress and form up for Official Opening
	0900	Official Opening Ceremony
	0930	Events Resume (No break for lunch)
	1530 (approx)	FCA Annual General Meeting
	1700	Social Evening – Dinner Swansea Workers Club 9 Rawson St, Swansea Dress: Smart Casual (No Uniform)
Sunday 19 March 2023	0700	Breakfast available at Competition Grounds Quinn Park, Cnr Belmont St and Galgabba st, Swansea
	0715	Meeting of Officials
	0745	Warm up and exercise for competitors
	0800	Events commence and continue until completion. No break for lunch. Food and drink available at grounds.
	1300	Closing ceremony at the completion of all events



List of Events

1. Urban Pumper Collector and Ladder - 4 Competitors
2. Urban Pump Disable – 4 Competitors
3. Booster Valve and High Rise Bag – 4 Competitors
4. Ladder Practice – 1 Competitor
5. Urban Pumper BA & Foam – 4 Competitors
6. Urban Pumper and Breeching – 4 Competitors
7. Rescue – 4 Competitors
8. Hose Hydrant and Extinguisher – 3 Competitors
9. Hose and Hydrant – 4 Competitors
10. Hose and Hydrant – 2 Competitors
11. Urban Pump and Suction – 4 Competitors

Competing Teams

Brigade	Station	Zone	
Abermain	202	MN3	In Zone
Holmesville	498	MN1	In Zone
Kurri Kurri 1	349	MN3	In Zone
Kurri Kurri 2	349S	MN3	In Zone
Saratoga	450	MN2	In Zone
Terrigal	459	MN2	In Zone
Wangi Wangi 1	485	MN1	In Zone
Wangi Wangi 2	485S	MN1	In Zone
Wangi Wangi 3	485T	MN1	In Zone
Wyong 1	505	MN2	In Zone
Wyong 2	505S	MN2	In Zone
Cowra	270	RS2	Out of Zone
Dubbo	280	RW1	Out of Zone
Merrylands	72	MS1	Out of Zone
RS Zone 2 - Barbarians	RS2	RS2	Out of Zone
RS Zone 2 - Phantoms	RS2S	RS2	Out of Zone
Trangie	465	RW1	Out of Zone
Ulladulla	477	RS1	Out of Zone
Composite 1	CP1	Visitor	Visitor
Composite 2	CP2	Visitor	Visitor
Dora Creek RFS	DCRFS	Visitor	Visitor
Kootingal RFS	756	Visitor	Visitor

Objective:

To extinguish a fire on a rooftop using two lengths of 38mm hose and hydrant water through the appliance.

Core Skills:

Pump Operation, Hydrants, Breaching Piece, Ladders, Hose Handling and Branches

Equipment:

Hoses used – 1 x 70mm (10m filler hose) and 2 x 38mm flaked hose (30m)
The appliance will be stowed with two lengths of 38mm hose flaked, two shut-off branches, one 10m length of 70mm filler hose rolled on the bight, one breaching piece and one standpipe. All with storz couplings.

Order	Station	Brigade Name	Order	Station	Brigade Name
1	349	Kurri Kurri 1	12	RS2	RS Zone 2 - Barbarians
2	756	Kootingal RFS	13	450	Saratoga
3	505	Wyong 1	14	498	Holmesville
4	485	Wangi Wangi 1	15	RS2S	RS Zone 2 - Phantoms
5	477	Ulladulla	16	505S	Wyong 2
6	465	Trangie	17	202	Abermain
7	280	Dubbo	18	459	Terrigal
8	72	Merrylands	19	349S	Kurri Kurri 2
9	CP2	Composite 2	20	270	Cowra
10	485S	Wangi Wangi 2	21	CP1	Composite 1
11	DCRFS	Dora Creek RFS	22	485T	Wangi Wangi 3



The Safety Company

Objective:

To extinguish a fire in a multi-storey building utilising hydrant water through the pump and a 38mm hose from a hose cabinet on the first floor. The pump becomes disabled before the fire is extinguished so the onboard Davey pump is then utilised to complete the task, using water from the appliance first aid tank.

Core Skills:

Pump Operation, Hydrants, Breaching Piece, Ladders, Davey Pump, Hose Handling and Branches

Equipment:

Hoses used - 2 x 70mm (10m filler hose) and 2 x 38mm (30m) (1 x flaked and 1 x double rolled on bight)

The appliance will be stowed with two 10m lengths of 70mm filler hose double rolled on the bight, two 30m lengths of 38mm hose (one double rolled on the bight, the other flaked), one breaching piece, one branch and one standpipe. All with Stortz couplings.

Order	Station	Brigade Name	Order	Station	Brigade Name
1	349	Kurri Kurri 1	12	RS2	RS Zone 2 - Barbarians
2	756	Kootingal RFS	13	450	Saratoga
3	505	Wyong 1	14	498	Holmesville
4	485	Wangi Wangi 1	15	RS2S	RS Zone 2 - Phantoms
5	477	Ulladulla	16	505S	Wyong 2
6	465	Trangie	17	202	Abermain
7	280	Dubbo	18	459	Terrigal
8	72	Merrylands	19	349S	Kurri Kurri 2
9	CP2	Composite 2	20	270	Cowra
10	485S	Wangi Wangi 2	21	CP1	Composite 1
11	DCRFS	Dora Creek RFS	22	485T	Wangi Wangi 3



Objective:

To extinguish a fire in a multi-storey building using a boosted water system and a 38mm hose from a hose cabinet on the first floor. The remote access bag is also employed to extinguish a ground level fire from the boosted system.

Core Skills:

Pump Operation, Booster Valve, Remote Access Bag, Hose Handling, Branches and Ladders

Equipment:

Hoses used – 2 x 70mm (10m filler Hose), 2 x 38mm flaked hose (30m)

The appliance will be stowed with one length of 38mm hose flaked, two 10m lengths of 70mm filler hose rolled on the bight, one high-rise bag containing one length of 38mm hose flaked and one branch. All with Stortz couplings.

Order	Station	Brigade Name	Order	Station	Brigade Name
1	349	Kurri Kurri 1	12	RS2	RS Zone 2 - Barbarians
2	756	Kootingal RFS	13	450	Saratoga
3	505	Wyong 1	14	498	Holmesville
4	485	Wangi Wangi 1	15	RS2S	RS Zone 2 - Phantoms
5	477	Ulladulla	16	505S	Wyong 2
6	465	Trangie	17	202	Abermain
7	280	Dubbo	18	459	Terrigal
8	72	Merrylands	19	349S	Kurri Kurri 2
9	CP2	Composite 2	20	270	Cowra
10	485S	Wangi Wangi 2	21	CP1	Composite 1
11	DCRFS	Dora Creek RFS	22	485T	Wangi Wangi 3



Objective:

This event hones the skills of the firefighter in quickly ascending a ladder to gain access to an upper level of a building.

Core Skills:

Ladders

Equipment:

There is no equipment for this event other than that which is set up on the track. Brigade work trousers are to be worn but other than that competitors may wear a singlet, team T-shirt, shirt etc and they can also wear boots or shoes. (No specification on colour)

Order	Station	Brigade Name
1	349	Kurri Kurri 1 1
2	756	Kootingal RFS 1
3	505	Wyong 1 1
4	485	Wangi Wangi 1 1
5	477	Ulladulla 1
6	465	Trangie 1
7	280	Dubbo 1
8	72	Merrylands 1
9	CP2	Composite 2 1
10	485S	Wangi Wangi 2 1
11	DCRFS	Dora Creek RFS 1
12	RS2	RS Zone 2 - Barbarians 1
13	450	Saratoga 1
14	498	Holmesville 1
15	RS2S	RS Zone 2 - Phantoms 1
16	505S	Wyong 2 1
17	202	Abermain 1
18	459	Terrigal 1
19	349S	Kurri Kurri 2 1
20	270	Cowra 1

Order	Station	Brigade Name
21	CP1	Composite 1 1
22	485T	Wangi Wangi 3 1
23	349	Kurri Kurri 1 2
24	756	Kootingal RFS 2
25	505	Wyong 1 2
26	485	Wangi Wangi 1 2
27	477	Ulladulla 2
28	465	Trangie 2
29	280	Dubbo 2
30	72	Merrylands 2
31	CP2	Composite 2 2
32	485S	Wangi Wangi 2 2
33	DCRFS	Dora Creek RFS 2
34	RS2	RS Zone 2 - Barbarians 2
35	450	Saratoga 2
36	498	Holmesville 2
37	RS2S	RS Zone 2 - Phantoms 2
38	505S	Wyong 2 2
39	202	Abermain 2
40	459	Terrigal 2
41	349S	Kurri Kurri 2 2
42	270	Cowra 2
43	CP1	Composite 1 2
44	485T	Wangi Wangi 3 2



Technology with Vision

Objective:

Two firefighters in breathing apparatus are to extinguish a fire using one length of 38mm hose with hydrant water supplied through the appliance by the other team members (utilising foam eductor to simulate foam-making drill)

Core Skills:

Pump Operation, Hydrants, Hose Handling, Branches, Foam making and SCBA. Competitors are marked and timed on their ability to correctly perform all the above-mentioned tasks.

Equipment:

Hoses used – 1 x 70mm (10m filler hose) and 1 x 38mm (30m)

The appliance will be stowed with one length of 38mm hose flaked, one shut-off branch (with aeration tube attached), one 10m length of 70mm filler hose rolled on the bight, one breeching piece and one standpipe, one 38mm foam eductor and one foam concentrate siphon hose. All with Stortz couplings.

2 x SCBA air sets and the BA control board will also be used.

Order	Station	Brigade Name	Order	Station	Brigade Name
1	349	Kurri Kurri 1	12	RS2	RS Zone 2 - Barbarians
2	756	Kootingal RFS	13	450	Saratoga
3	505	Wyong 1	14	498	Holmesville
4	485	Wangi Wangi 1	15	RS2S	RS Zone 2 - Phantoms
5	477	Ulladulla	16	505S	Wyong 2
6	465	Trangie	17	202	Abermain
7	280	Dubbo	18	459	Terrigal
8	72	Merrylands	19	349S	Kurri Kurri 2
9	CP2	Composite 2	20	270	Cowra
10	485S	Wangi Wangi 2	21	CP1	Composite 1
11	DCRFS	Dora Creek RFS	22	485T	Wangi Wangi 3



Event 6. Urban Pumper and Breaching



Objective:

To extinguish a fire using two lengths of 38mm hose and hydrant water through the appliance. The first 38mm hose will utilise tank water from the appliance and the second 38mm hose will utilise water from the hydrant.

Core Skills:

Pump Operation, Hydrants, Breaching Piece, Hose Handling and Branches

Equipment:

Hoses used – 2 x 70mm (30m) (1 x flaked and 1 x rolled on bight) and 2 x 38mm flaked hose (30m)

The appliance will be stowed with two lengths of 38mm hose flaked, two shut-off branches, one 70mm hose flaked, and one 70mm hose rolled on the bight, one breaching piece and one standpipe. All with Stortz couplings.

Order	Station	Brigade Name	Order	Station	Brigade Name
1	349	Kurri Kurri 1	12	RS2	RS Zone 2 - Barbarians
2	756	Kootingal RFS	13	450	Saratoga
3	505	Wyong 1	14	498	Holmesville
4	485	Wangi Wangi 1	15	RS2S	RS Zone 2 - Phantoms
5	477	Ulladulla	16	505S	Wyong 2
6	465	Trangie	17	202	Abermain
7	280	Dubbo	18	459	Terrigal
8	72	Merrylands	19	349S	Kurri Kurri 2
9	CP2	Composite 2	20	270	Cowra
10	485S	Wangi Wangi 2	21	CP1	Composite 1
11	DCRFS	Dora Creek RFS	22	485T	Wangi Wangi 3



**Strength
in Unity
Since 1910**

Event 7. Rescue

Objective:

To assess various rescue skills of the four firefighters in the team.

Core Skills:

Rescue Skills (Knots, Combi Tool, RIK, Power Hydraulic Pump, Hand Hydraulic Pump, Stokes Litter)

Equipment:

There is no equipment for this event other than that which is set up on the track.
Full brigade PPE is required for this event (boots, helmets, gloves, eye protection)

Order	Station	Brigade Name	Order	Station	Brigade Name
1	349	Kurri Kurri 1	12	RS2	RS Zone 2 - Barbarians
2	756	Kootingal RFS	13	450	Saratoga
3	505	Wyong 1	14	498	Holmesville
4	485	Wangi Wangi 1	15	RS2S	RS Zone 2 - Phantoms
5	477	Ulladulla	16	505S	Wyong 2
6	465	Trangie	17	202	Abermain
7	280	Dubbo	18	459	Terrigal
8	72	Merrylands	19	349S	Kurri Kurri 2
9	CP2	Composite 2	20	270	Cowra
10	485S	Wangi Wangi 2	21	CP1	Composite 1
11	DCRFS	Dora Creek RFS	22	485T	Wangi Wangi 3

Chubb

POWERED BY API GROUP

Event 8. Hose Hydrant and Extinguisher



Objective:

This event is used to simulate an initial attack on a fire using a water extinguisher. After that, one 38mm hose line is used with water from a hydrant which then needs to be lengthened to two lengths to go deeper into the fire.

Core Skills:

Hydrants, Extinguishers, Hose Handling and Branches

Equipment:

Hoses used – 2 x 38mm (30m) (double rolled on the bight)

Two lengths of 38mm hose double rolled on the bight, one shut-off branch, one standpipe and one water extinguisher. All with Stortz couplings

Order	Station	Brigade Name	Order	Station	Brigade Name
1	349	Kurri Kurri 1	12	RS2	RS Zone 2 - Barbarians
2	756	Kootingal RFS	13	450	Saratoga
3	505	Wyong 1	14	498	Holmesville
4	485	Wangi Wangi 1	15	RS2S	RS Zone 2 - Phantoms
5	477	Ulladulla	16	505S	Wyong 2
6	465	Trangie	17	202	Abermain
7	280	Dubbo	18	459	Terrigal
8	72	Merrylands	19	349S	Kurri Kurri 2
9	CP2	Composite 2	20	270	Cowra
10	485S	Wangi Wangi 2	21	CP1	Composite 1
11	DCRFS	Dora Creek RFS	22	485T	Wangi Wangi 3



THE FORCE BEHIND THE FIGHT

THE GLOBAL LEADER IN FIRE SUPPRESSION SINCE 1886

Event 9. Hose and Hydrant - 4 Competitors

Objective:

A team of 4 firefighters use this event to simulate an attack on a fire using 2 lengths of hose and water directly from a hydrant.

Core Skills:

Hydrants, Hose Handling and Branches

Equipment:

Hoses used – 2 x 38mm (30m) (double rolled on the bight)

Two lengths of 38mm hose double rolled on the bight, one shut-off branch and one standpipe. All with Stortz couplings

Order	Station	Brigade Name	Order	Station	Brigade Name
1	349	Kurri Kurri 1	12	RS2	RS Zone 2 - Barbarians
2	756	Kootingal RFS	13	450	Saratoga
3	505	Wyong 1	14	498	Holmesville
4	485	Wangi Wangi 1	15	RS2S	RS Zone 2 - Phantoms
5	477	Ulladulla	16	505S	Wyong 2
6	465	Trangie	17	202	Abermain
7	280	Dubbo	18	459	Terrigal
8	72	Merrylands	19	349S	Kurri Kurri 2
9	CP2	Composite 2	20	270	Cowra
10	485S	Wangi Wangi 2	21	CP1	Composite 1
11	DCRFS	Dora Creek RFS	22	485T	Wangi Wangi 3



Event 10. Hose and Hydrant - 2 Competitors



Objective:

A team of 2 firefighters use this event to simulate an attack on a fire using 1 length of hose and water directly from a hydrant.

Core Skills:

Hydrants, Hose Handling and Branches

Equipment:

Hoses used – 1 x 38mm (30m) (double rolled on the bight)

One length of 38mm hose double rolled on the bight, one shut-off branch and one standpipe. All with Stortz couplings.

Order	Station	Brigade Name
1	349	Kurri Kurri 1 1
2	756	Kootingal RFS 1
3	505	Wyong 1 1
4	485	Wangi Wangi 1 1
5	477	Ulladulla 1
6	465	Trangie 1
7	280	Dubbo 1
8	72	Merrylands 1
9	CP2	Composite 2 1
10	485S	Wangi Wangi 2 1
11	DCRFS	Dora Creek RFS 1
12	RS2	RS Zone 2 - Barbarians 1
13	450	Saratoga 1
14	498	Holmesville 1
15	RS2S	RS Zone 2 - Phantoms 1
16	505S	Wyong 2 1
17	202	Abermain 1
18	459	Terrigal 1
19	349S	Kurri Kurri 2 1
20	270	Cowra 1

Order	Station	Brigade Name
21	CP1	Composite 1 1
22	485T	Wangi Wangi 3 1
23	349	Kurri Kurri 1 2
24	756	Kootingal RFS 2
25	505	Wyong 1 2
26	485	Wangi Wangi 1 2
27	477	Ulladulla 2
28	465	Trangie 2
29	280	Dubbo 2
30	72	Merrylands 2
31	CP2	Composite 2 2
32	485S	Wangi Wangi 2 2
33	DCRFS	Dora Creek RFS 2
34	RS2	RS Zone 2 - Barbarians 2
35	450	Saratoga 2
36	498	Holmesville 2
37	RS2S	RS Zone 2 - Phantoms 2
38	505S	Wyong 2 2
39	202	Abermain 2
40	459	Terrigal 2
41	349S	Kurri Kurri 2 2
42	270	Cowra 2
43	CP1	Composite 1 2
44	485T	Wangi Wangi 3 2



Objective:

To extinguish a fire using two lengths of 38mm hose and water through the appliance from a static water supply such a dam or pool.

Core Skills:

Pump Operation, Static Water Supplies, Hose Handling and Branches

Equipment:

Hoses used – 2 x 38mm (30m) (1 x flaked and 1 x double rolled on bight)

The appliance will be stowed with one 38mm hose flaked, one 38mm hose double rolled on the bight, one shut off branch and one length of suction hose. All with Stortz couplings.

Order	Station	Brigade Name	Order	Station	Brigade Name
1	349	Kurri Kurri 1	12	RS2	RS Zone 2 - Barbarians
2	756	Kootingal RFS	13	450	Saratoga
3	505	Wyong 1	14	498	Holmesville
4	485	Wangi Wangi 1	15	RS2S	RS Zone 2 - Phantoms
5	477	Ulladulla	16	505S	Wyong 2
6	465	Trangie	17	202	Abermain
7	280	Dubbo	18	459	Terrigal
8	72	Merrylands	19	349S	Kurri Kurri 2
9	CP2	Composite 2	20	270	Cowra
10	485S	Wangi Wangi 2	21	CP1	Composite 1
11	DCRFS	Dora Creek RFS	22	485T	Wangi Wangi 3



Championship Safety Strategy

FRNSW is committed to safety throughout the workplace – for everyone, everywhere, always. As a result, it developed the Firefighter Championships Association 2013 Safety Strategy. For more information, visit firefighterchampionships.com.

All injuries must be reported immediately to an FRNSW Official. Competitors must complete relevant forms at the time of injury. For all Worker's Compensation enquiries, contact Safety Director of Championships, Murray West, 0438 305 577.

Fire & Rescue NSW Code of Conduct

All Championship competitors, officials and support personnel must comply with FRNSW's Code of Conduct. For more information, visit fire.nsw.gov.au/page.php?id=159.

NOTE: approval is granted to all FRNSW employees attending Saturday night's function to responsibly consume alcohol in dress uniform within the designated function area only.

Alcohol and Other Drugs Policy

On 1 December 2013, FRNSW implemented the Alcohol and Other Drugs Policy and Alcohol and Other Drugs Testing Procedure. For more information, visit the intranet site.

Support services include:

- FRNSW Chaplain - Major Lyndsay Smith - 0418 869 280
- FRNSW Employee Assistance Program (EAP) - 1300 360 364
- Wellbeing Coordinator - 9265 3910 or 0448 295 725
- The Health and Safety Branch, 9265 2800

NOTE: Alcohol and other drugs are not permitted to be consumed within the Championship perimeter.



Facebook.com/firefighterchampionships

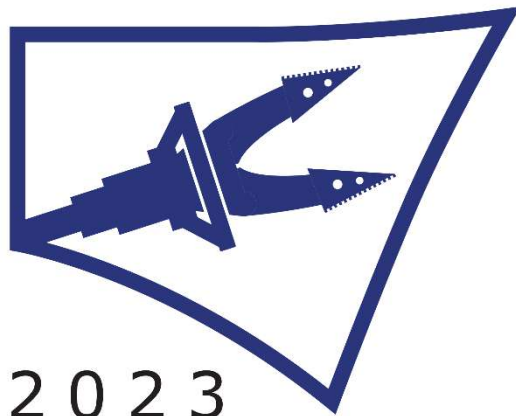


Regional Championship 2014 – Swansea

FRNSW Firefighter Championship 2023

	DATE	LOCATION
State Road Crash Rescue Challenge	5 - 7 May	Coffs Harbour
Regional Championship	5 – 6 August	Cootamundra
Southern Border Championship	21 – 22 October	South Border, TBC





2023
STATE
**ROAD CRASH
RESCUE**
CHALLENGE

STRONGER TOGETHER



- Where:** Coffs Harbour International Stadium
- When:** Friday 5 May to Sunday 7 May
- Why:**
- Learn new skills and enhance current skills
 - Meet fellow rescue operators
 - Have a great time

ENTRY FORMS ONLINE NOW!

Thanks to our Supporters!



GREATER STRENGTH





State Championship 2022 – Port Macquarie



FRSA
Fire Rescue Safety Australia

“ANYTIME. ANYWHERE.”



**For more information on our range of equipment
contact us today!**

**Phone 1300 473 728
Email admin@frsa.com.au**