

# Fire & Rescue NSW Firefighter Championship

## Region South 1

6 - 7 May 2017



Hosted by Bega Brigade





## THE CHAMPIONSHIP ENVIRONMENT

The Championships have held many throughout the history of the NSW Fire Brigades. Since 1932 records and photographs have documented the achievements of firefighters in competitive events. Today the Championships are directly associated with, and embody events developed over the past 85 years to reflect the contemporary operational firefighting environment.

In 2017, as we enter our 6th year as Fire & Rescue NSW (FRNSW), the evolution of the Championships continue. FRNSW has developed a visionary corporate plan based on respect, integrity, service delivery and courage with safety as a guiding principal. These values are, and will further develop as the foundation for the environment the Championships operate within.

What will also continue will be the focus on skills improvement, safety as well as using the Championships to promote FRNSW as a highly effective emergency service, serving Communities across NSW. This can be best achieved by displaying our sophisticated vehicles, equipment and operational capability to the community. Additionally, we seek to use the Championships as a means to improve community safety by providing fire safety education to a wider audience, including the business sector.

Whilst respecting past traditions, I encourage all to engage and embrace the contemporary values of FRNSW as the platform for the Championships continued evolution.

Finally, I am pleased to welcome the new FRNSW Commissioner Paul Baxter, to his first FRNSW Championship and I look forward to introducing him FRNSW Championship family.

***Assistant Commissioner Rob McNeil AFSM  
Director of Championships***

## Championship Values

- Develop, maintain and enhance the operational skills of firefighters
- Promote a professional image of FRNSW to the communities of NSW
- Promote community safety and awareness
- Encourage teamwork, camaraderie and individual performance of competitors at Championships
- Demonstrate the various skills, knowledge and expertise of FRNSW and other services to the community

## Championship Objectives

- Provide improved opportunities for firefighters to display a high level of skills
- Deliver improved community safety programs
- Provide an opportunity to promote the services of the FRNSW to stakeholders

## Championships Safety Strategy

On 1 January 2012, FRNSW adopted the Work Health & Safety Act legislation of 2011. As a result of this and with the ultimate goal of achieving a rigorous safety system. The Championship Safety Strategy was developed uniquely for the Championships and built on the foundation of Fire & Rescue's, Be Safe Program.

The Championship Safety Strategy ensures all events are risk assessed and mitigation strategies implemented by the Championship's safety team.

The safety team consists of

- Director Safety
- Two Safety Officers
- A Lead Safety Marshall and Event Safety Marshalls

The roles of the safety team is outlined in the Firefighter Championships Association 2013 Safety Strategy.

## Fire & Rescue NSW Code of Conduct

Everyone in FRNSW has both an individual and organisational responsibility to act ethically. Every employee and contractor is responsible for observing the spirit, intent and content of this Code of Conduct in his or her work for FRNSW.

All FRNSW officials, competitors and support personnel attending the Championship are required to comply with the FRNSW Code of Conduct, especially in the areas of respect for people, integrity, professionalism and diligence and take account for their actions.

With regards to professionalism, approval is granted to attend the Saturday night function and to consume alcohol in dress uniform provided you do so responsibly and in the confines of the function room only.

No personnel are to consume alcohol in uniform outside the designated function area.

Copies of the FRNSW Code of Conduct are available on the FRNSW Intranet.

## Alcohol and Other Drugs Policy

FRNSW has implemented an Alcohol and Other Drugs Policy and Alcohol and Other Drugs Testing Procedure. From December 1 2013. As a result any employee can be drug and alcohol tested at any time whilst at work.

All FRNSW employees and managers have responsibilities in ensuring the Work Health and Safety of themselves and other persons. All employees have responsibilities to take reasonable care for his or her own health and safety, and take reasonable care that his or her acts or omissions do not adversely affect the health and safety of other persons.

All employees are encouraged to take personal responsibility in their consumption of alcohol and responsible and lawful use of general medications.

FRNSW provides the following support services to all employees:

- FRNSW Chaplain, Major Lyndsay Smith, 0418 869 280;
- FRNSW Employee Assistance Program (EAP), 1300 360 364;
- The Wellbeing Coordinator , 9265 3910 or 0448 295 725;
- The Health and Safety Branch, 9265 2800.

Any employee can self-disclose substance misuse and/or abuse to Workplace Standards or Health and Safety Branch.

## POLICY STANDARDS

This policy adopts the following standards relating to alcohol and other drugs:

### Alcohol

Workers must not be in the workplace with a blood alcohol concentration (BAC) of 0.02 grams or above of alcohol per 210 litres of breath (i.e. 0.02mg %).

Workers must not have in their possession any unsealed alcohol, or consume alcohol while at work or in the workplace.

FRNSW uniformed workers must not consume alcohol while in FRNSW uniform or wearing any identifiable part of FRNSW uniform, provided that the Commissioner may grant exemptions to allow the consumption of alcohol at work or whilst in uniform at special events. In these circumstances, workers must ensure that alcohol is consumed in a responsible manner, consistent with upholding the reputation and integrity of FRNSW.

### Prohibited Drugs

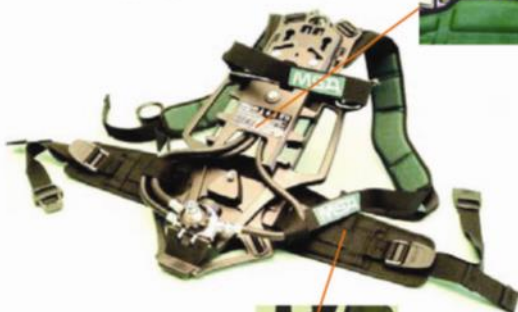
Workers must not use any prohibited drug or non-prescribed steroid in any FRNSW workplace (including in any FRNSW vehicle).

Workers must not be in the workplace with concentrations of any prohibited drug in their body systems at or above the cut-off level for that drug.

## MSA AirMaXX Breathing Apparatus

### Carrier: Length Adjustment >

- Three sizes, easy to set:
1. press clips
  2. Slide upper part into desired position



Three position adjustable back plate length to suit height variation of the wearer. Carrier plate provides a channel that protects airlines. Harness hip belt shaped for optimal load transfer and distribution. Swivels to follow body movements.

AutoMaXX-lung governed demand valve for AirMaXX. Positive pressure, easy operation with twistable, fully flexible silicone medium pressure line. Plug in and breathe – comfortable, fast and safe.

### Harness: Hip Belt >

- swivels to follow body movements



11 Columbia Way, Norwest Business Park  
Baulkham Hills, NSW 2153  
Tel: 1300 728 672

Bega Brigade, the current NSW State Champions, extends a warm welcome to everyone, hope they enjoy what Bega has to offer, and the weekend of competition, friendship and camaraderie.

Members of the Brigade, with great support from the Zone Office, have worked tirelessly to ensure this Championship will be extremely successful and enjoyable to competitors, officials, visitors and spectators alike.



Bega are the current NSW State Champions. They are pictured with trophies won at last year's State Championship.

## A Brief History of Bega

Bega is a town in the southeast of New South Wales, Australia in the Bega Valley Shire. The town is located on the Princes Highway, 424 kilometres south of Sydney.

The Bega region was used by the Yuin-Monaro tribal grouping of Aborigines for thousands of years before Europeans arrived in the area. The first European to come near the area was George Bass, who explored the coastline in 1797 as part of his broader explorations of the Australian coast. William Tarlinton was the first European to explore the area on foot, arriving in 1829. He returned in the early 1830s and settled there, starting a cattle farm. Others who arrived in the area around the same time were the Imlay brothers, who also began farming there. Their name has since been preserved in the form of Mount Imlay National Park. Live cattle were transported to Sydney for a time, to be supplemented by tallow and hides in the early 1840s. Beef and dairy farming were carried on in the area through the 1840s, and many towns were surveyed in the 1850s.

The town of Bega itself was laid out and gazetted in 1851. Located to the north of its present location, repeated flooding later resulted in its relocation to the higher ground south of the river. Dairy farming expanded in the region quickly throughout the 1860s, overtaking cattle farming as the predominant industry. In 1858, Tathra was used as a port for the transport of products to Sydney, and the Illawarra Steam Company was established. In 1860, Tathra Wharf was constructed, which allowed for the further growth and expansion of the dairy industry.

The region received a further boost in the late 1870s when gold was discovered in the Bermagui area. The Bermagui gold rush followed quickly in 1880. Two years later, in 1882, the Municipality of Bega was created. The Bega Dairy Cooperative Limited was set up in the late 1890s.

Bega is now well known for its cheese. Bega Cheese is manufactured by Bega Cheese Limited formerly known as The Bega Co-operative Society Limited which is one of the larger Australian cheese companies. Their products are exported around the world and distributed across Australia and are available in most supermarkets and general stores.



Bega Fire Station Crew - 1935



With more than 185 years' experience in protecting people, property and assets, we are Australia's leading provider of security and fire safety products and solutions.

Whether it is home security, business security, firefighting products, fire detection systems, fire equipment services or fire training courses, we combine state-of-the-art technology with highly skilled technicians to meet your safety and security needs.





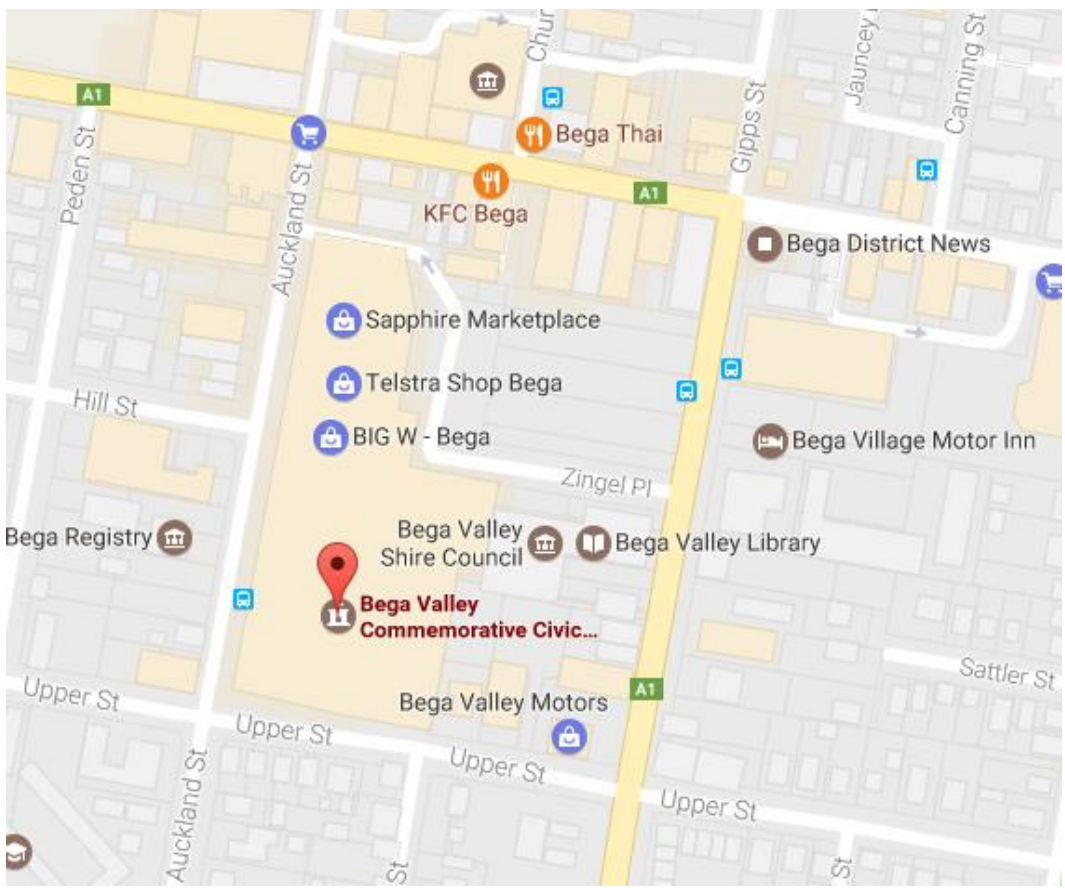
## Official Schedule

<b>Friday 5 May 2017</b>	1800 hrs 1900 hrs	Welcome Registrations: <b>Grand Hotel (back bar area) 236 Carp Street, Bega</b>
<b>Saturday 6 May 2017</b>	0630 hrs  0700 hrs  0715 hrs  0800 hrs  0845 hrs  <b>0900 hrs</b>  0930 hrs    1630 hrs (approx)  1830hrs (for 1900 hrs)	Breakfast available at the competition grounds <b>Keith Mitchell Sportsground, Cnr Valley Street and Carp Street, Bega</b>  Meeting of officials  Warm up and exercise for competitors Safety brief to competitors  Events commence  Dress and form up for official opening  <b>Official opening ceremony</b>  Events resume until approximately 1630 hrs. No break for lunch. Food and drink available at the ground.  De-brief of officials  Social evening – dinner <b>Bega Valley Commemorative Civic Centre Zingel Place, Bega</b> Attire: <b>Dress uniform/smart casual</b>
<b>Sunday 7 May 2017</b>	0630 hrs  0700 hrs  0715 hrs  0730 hrs    <b>1300 hrs</b>	Breakfast available at the competition grounds <b>Keith Mitchell Sportsground, Cnr Valley Street and Carp Street, Bega</b>  Meeting of officials  Warm up and exercise for competitors  Events commence and continue until completion. No break for lunch. Food and drink available at grounds.  <b>Closing ceremony at completion of all events</b>

**Keith Mitchell Sportsground, Cnr Valley Street & Carp Street, Bega**



**Bega Valley Commemorative Civic Centre, Zingel Place, Bega**



## Official Guest List

<b><i>Councillor, Bega Valley Shire Council</i></b>	Sharon Tapscott
<b><i>General Manager, Bega Valley Shire Council</i></b>	Leanne Barnes
<b><i>A/Local Area Commander, Batemans Bay Local Area Command, NSW Police Force</i></b>	Gregory Flood
<b><i>Superintendent, Manager Far South Coast, Rural Fire Service</i></b>	John Cullen

## Fire & Rescue NSW

<b><i>Commissioner</i></b>	Paul Baxter and Gina Dwyer
<b><i>Assistant Commissioner, Regional Operations, Director Championship</i></b>	Rob McNeil AFSM
<b><i>Chief Superintendent, Area Commander Region South</i></b>	Greg Buckley AFSM
<b><i>Chief Superintendent, Chief of Staff, Office of the Commissioner</i></b>	David Felton AFSM and Vanessa Felton
<b><i>Assistant Director Education and Training, Assistant Director Championships</i></b>	Ken Murphy
<b><i>A/Superintendent, Zone Commander Regional South 1</i></b>	Luke Unsworth
<b><i>Chaplain</i></b>	Major Lyndsay Smith and Dawn Smith

## Fire & Rescue NSW Championships Association

<b><i>President FRNSW FCA</i></b>	Captain Greg Fredericks AFSM and Robyn Fredericks
<b><i>MSA, Business Development Manager</i></b>	Debbie Taylor
<b><i>Chubb Fire &amp; Security</i></b>	Tom Sutherland

## List of Events

1. Urban Pumper Collector and Ladder - 4 Competitors
2. Urban Pump Disable – 4 Competitors
3. Booster Valve and High Rise Bag – 4 Competitors
4. Ladder Practice – 1 Competitor
5. Urban Pumper BA and Foam – 4 Competitors
6. Urban Pumper and Breeching – 4 Competitors
7. Rescue – 4 Competitors
8. Hose Hydrant and Extinguisher – 3 Competitors
9. Hose and Hydrant – 4 Competitors
10. Hose and Hydrant – 2 Competitors
11. Urban Pump and Suction – 4 Competitors

## Competing Teams

<b>Brigade</b>	<b>Station</b>	<b>In Zone</b>
Bega	219	RS1
Bega 2	219S	RS1
Merimbula	395	RS1
Mittagong	378	RS2
Moruya	384	RS1
Nowra	405	RS1
Ulladulla	477	RS1

<b>Brigade</b>	<b>Station</b>	<b>Out of Zone</b>
Armidale	205	RN3
Dubbo	280	RW1
Kelso	105	RW2
Kootingal RFS	756	RN3
Merrylands	72	MW2
Port Macquarie	424	RN1
Port Macquarie 2	424S	RN1
Scarborough	442	MS1
Trangie	465	RW1
Uralla	475	RN3
Wyong	505	MN2

<b>Brigade</b>	<b>Station</b>	<b>Visitor</b>
WAFA	757	Visitor
WAFA 2	757S	Visitor
Echuca, Victoria	715	Visitor
Tamworth City RFS	704	Visitor

## Protocol for Opening Ceremony

Brigades will form up on the championship track in Brigade uniform as specified; under the direction of the Parade Commander.

Assistant Commissioner Rob McNeil AFSM will be the Master of Ceremonies (MC).

The Parade Commander, A/Superintendent Luke Unsworth will call the Brigades to attention.

Australian National Anthem (members in uniform not already on Parade to salute).

Assistant Commissioner Rob McNeil AFSM will then introduce the official guests and request dignitaries to address the Parade in the following order:

- Chaplin – Major Lyndsay Smith
- President FRNSW FCA – Captain Greg Fredericks AFSM
- Councillor, Bega Valley Shire Council – Sharon Tapscott
- Fire & Rescue NSW Commissioner - Paul Baxter

## Protocol for Saturday Evening Function

Captain Les Smith Ret. AFSM will be the Master of Ceremonies for the evening.

FCA President, Captain Greg Fredericks AFSM will outline the arrangements for the evening and acknowledge any special guests.

President of the Fire & Rescue NSW Firefighters Championship Association, Captain Greg Fredericks AFSM to conduct the presentation segment

Acting Captain, Gerard Hanscombe from Bega Brigade will respond to the presentation and acknowledge supporters and sponsors.

## Protocol for Closing Ceremony

Presentation of major trophies and sponsored items will be made to In Area /Out of Area Champion Brigades. Assistant Commissioner Rob McNeil AFSM will present outstanding competitor of Championships and officially close the Region South 1 Championship.

## Event 1. Urban Pumper Collector and Ladder

### **Objective:**

To extinguish a fire on a rooftop using two lengths of 38mm hose and hydrant water through the appliance.

### **Core Skills:**

Pump Operation, Hydrants, Breaching Piece, Ladders, Hose Handling & Branches

### **Equipment:**

Hoses used – 1 x 70mm (10m filler hose) and 2 x 38mm flaked hose (30m)

The appliance will be stowed with two lengths of 38mm hose flaked, two shut-off branches, one 10m length of 70mm filler hose rolled on the bight, one breaching piece and one standpipe. All with storz couplings.

<b>Order</b>	<b>Station</b>	<b>Brigade Name</b>	<b>Time 1</b>	<b>Time 2</b>	<b>Penalty</b>	<b>Penalty Code</b>	<b>Total</b>
1	756	Kootingal RFS					
2	424	Port Macquarie					
3	475	Uralla					
4	757	WAFA					
5	405	Nowra					
6	205	Armidale					
7	378	Mittagong					
8	280	Dubbo					
9	465	Trangie					
10	72	Merrylands					
11	219	Bega					
12	105	Kelso					
13	505	Wyong					
14	757S	WAFA 2					
15	424S	Port Macquarie 2					
16	477	Ulladulla					
17	395	Merimbula					
18	384	Moruya					
19	219S	Bega 2					
20	442	Scarborough					
21	715	Echuca					
22	704	Tamworth City RFS					

**Results:**

**1<sup>st</sup> Place**

**2<sup>nd</sup> Place**

**3<sup>rd</sup> Place**

## Event 2. Urban Pump Disable

### **Objective:**

To extinguish a fire in a multi-storey building utilizing hydrant water through the pump and a 38mm hose from a hose cabinet on first floor. The pump becomes disabled before the fire is extinguished so the onboard Davey pump is then utilized to complete the task, using water from the appliance first aid tank.

### **Core Skills:**

Pump Operation, Hydrants, Breeching Piece, Ladders, Davey Pump, Hose Handling & Branches

### **Equipment:**

Hoses used - 2 x 70mm (10m filler hose) and 2 x 38mm (30m) (1 x flaked & 1 x double rolled on bight)

The appliance will be stowed with two 10m lengths of 70mm filler hose double rolled on the bight, two 30m lengths of 38mm hose (one double rolled on the bight, the other flaked), one breeching piece, one Branch and one standpipe. All with stortz couplings.

<b>Order</b>	<b>Station</b>	<b>Brigade Name</b>	<b>Time 1</b>	<b>Time 2</b>	<b>Penalty</b>	<b>Penalty Code</b>	<b>Total</b>
1	756	Kootingal RFS					
2	424	Port Macquarie					
3	475	Uralla					
4	757	Wafa					
5	405	Nowra					
6	205	Armidale					
7	378	Mittagong					
8	280	Dubbo					
9	465	Trangie					
10	72	Merrylands					
11	219	Bega					
12	105	Kelso					
13	505	Wyong					
14	757S	Wafa 2					
15	424S	Port Macquarie 2					
16	477	Ulladulla					
17	395	Merimbula					
18	384	Moruya					
19	219S	Bega 2					
20	442	Scarborough					
21	715	Echuca					
22	704	Tamworth City RFS					

**Results:**                      **1<sup>st</sup> Place**                      **2<sup>nd</sup> Place**                      **3<sup>rd</sup> Place**

## Event 3. Booster Valve & High Rise Bag

### **Objective:**

To extinguish a fire in a multi storey building using a boosted water system and a 38mm hose from a hose cabinet on first floor. The remote access bag is also employed to extinguish a ground level fire from the boosted system.

### **Core Skills:**

Pump Operation, Booster Valve, Remote Access Bag, Hose Handling, Branches & Ladders

### **Equipment:**

Hoses used – 2 x 70mm (10m filler Hose), 2 x 38mm flaked hose (30m)

The appliance will be stowed with one length of 38mm hose flaked, two 10m lengths of 70mm filler hose rolled on the bight, one High-rise bag containing one length of 38mm hose flaked and one branch. All with storz couplings

<b>Order</b>	<b>Station</b>	<b>Brigade Name</b>	<b>Time 1</b>	<b>Time 2</b>	<b>Penalty</b>	<b>Penalty Code</b>	<b>Total</b>
1	756	Kootingal RFS					
2	424	Port Macquarie					
3	475	Uralla					
4	757	WAFA					
5	405	Nowra					
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7	378	Mittagong					
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11	219	Bega					
12	105	Kelso					
13	505	Wyong					
14	757S	WAFA 2					
15	424S	Port Macquarie 2					
16	477	Ulladulla					
17	395	Merimbula					
18	384	Moruya					
19	219S	Bega 2					
20	442	Scarborough					
21	715	Echuca					
22	704	Tamworth City RFS					

**Results:** 1<sup>st</sup> Place

2<sup>nd</sup> Place

3<sup>rd</sup> Place